

Referral Options for Grief Support

Penticton Hospice Society: 250-490-1107



PENTICTON & DISTRICT
HOSPICE SOCIETY

No Charge Services:

Interior Health Social Worker

250-770-3486

Individual Grief Counselling
and Grief Support Group

Hospice Social Worker

250-492-9071 ext.2203

If you are grieving over someone who was in Hospice or part of the palliative care program

Private Counselling (fee may apply):

Sam (Sandra) Lucier (adults)

250-487-8784

valleysolace@shaw.ca

Irene Brady

250-490-7956 (cell)

Maya Counselling (children/youth)

250-770-3121

maya@vip.net

Please Note: The Hospice Society is not responsible for arrangements made with private practitioners

Other Options:

BC Bereavement Helpline

1-877-779-2223

bcbereavementhelpline.com

The Compassionate Friends of Canada

(support for those who have lost a child)

Contact Leslie: lbuxton@frictioncreative.ca

MyGrief.ca is a free online option to access loss and grief support

Emergency Options:

24 Hour Crisis Line

310-6789

(no area code needed)

Suicide Helpline

1-800-784-2433

Penticton Regional Hospital

250-492-4000

-State that you have a Mental Health Emergency

-There are crisis counsellors available until 11pm

If you are needing immediate assistance at anytime:

CALL 911