



Moog & Friends Volunteer Newsletter

**Summer Edition
2011
July
August
September**

**Upcoming
Events!**

**Volunteer
Appreciation
Luncheon
Cancelled
September 3**

**“No one who
achieves success
does so without
acknowledging the
help of others. The
wise and confident
acknowledge this
help with
gratitude.”**

Power of Touch

Susan Brown

Recently our Hospice Society sponsored several of our volunteers to take the Palliative Massage Course in Nelson, B.C., under the direction of Christine Sutherland. One of the students, Susan Brown, has given us a short overview of what she learned. Please read below:

During the month of July four hospice volunteers (Mary C., Mary Simonin, Natalie and I) were in the beautiful city of Nelson taking Christine Sutherland's (RMT) palliative massage course. Natalie also took the Hydrotherapy course.

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HAPPY BIRTHDAY!!!



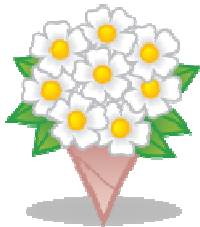
Mary Anne G. Valerie Mary S.

NEWS AROUND THE HOUSE

Volunteer Appreciation Luncheon

Our September 3rd date has been cancelled due to lack of interest.

Please stay tuned as we make plans for another event.



Volunteers in Training

Please welcome Mike, Mary Anne G. and Adrienne as they begin Session I of the Volunteer Training Program on August 4, 2011.



Psychosocial Care of the Dying and Bereaved Annual Victoria Hospice Course

October 17 - 21, 2011

Please see the Coordinator of Volunteers if you want to apply for this course

Please congratulate our new Massage Volunteers!!!



Mary S., Mary C. Susan and Natalie have successfully completed the Palliative Massage Course in Nelson, B.C. They will join our current team of massagers next week.

POWER OF TOUCH CONTINUED

It was an intense week of full days. The mornings saw us learning anatomy theory as well as learning and practicing therapeutic massage techniques.

In the afternoons we had our practicum in various senior's facilities. We gave wheelchair massages, and massages to those residents afflicted by strokes, cancer and dementia. In the late afternoon we were in the community doing "house calls" for younger individuals who have serious or terminal illnesses. It was physically, emotionally and mentally exhausting, but such an incredible learning opportunity. I'm excited to come home to our hospice house and utilize the new skills that we learned during the week.

I'd like to express my appreciation to the Hospice Society Board for providing funding to us for this educational opportunity and also to Sylvia for encouraging us in our quest to build excellence that will benefit our own residents.

"The physician must be experienced in many things, but most assuredly in rubbing."

- Hippocrates

