

# Moog & Friends

## Volunteer Newsletter

Winter  
Edition 2009  
January  
February  
March

### Upcoming Events!



### First Volunteer Brunch Meeting

Saturday  
January 24  
at  
Santorini's  
Restaurant,  
Summerland

11:00 am

### One of Our Own Takes a Volunteer Vacation

Val Fritz one of our Hospice Volunteers is a retired RN and had been supporting an orphan boy in Brazil. Here is her story:

After he grew up, I was given another boy from the same orphanage. Over the years I formed an e-mail relationship with the couple that run the boys' orphanage. His parents, Mennonite missionaries from Winnipeg, started the school back in the late sixties. I get regular updates about the home and have at times supported specific needs there. When the newsletter mentioned the possibility of a group visiting from Canada, I cautiously responded.

(I had NEVER done something like this in my life.)

Cont. on page 3 . . .

We wish all of  
you a  
Happy  
Birthday!!



Muriel

Robin

Carol-Ann

Mary

## NEWS AROUND THE HOUSE

### Volunteer & Staff Valentine's Potluck

**Thursday  
February 12  
12:30 pm**

Bring your favorite lunch item and join us for this rare opportunity to mingle with each other .



### March & April

No volunteer meeting. Sylvia is taking a 2 month leave of absence to take a team of RVers to Baja Mexico to volunteer at a Mexican orphanage.



### 2009 Annual Conference: Leading with Passion – Moving to Action

**May 22-24, 2009  
Sheraton Guildford Hotel  
Surrey, BC**

Keynote Speaker is author of "Final Gifts", Maggie Callanan. Brochures will be posted when they are available.

### Volunteer Training

Several people are being interviewed for the Spring 2009 Volunteer Training Program in May. Please contact Sylvia if you would like to mentor on 3 evenings in May

## One of Our Own Takes a Volunteer Vacation Continued



The plans are now nearing completion. I leave Penticton on March 21, fly to Vancouver where I connect to Chicago. In Chicago I will meet up with the other three people, coming from Winnipeg and Edmonton, who are doing this trip also. We all fly to Sao Paulo and then on to the southern-most province of Brazil where we will be met by the missionaries. Then we drive across to Boa Vista to Burica where the Home of the Good Shepherd is located. It is very close to the border with Argentina and is located in the foothills and some jungle.

I am told it is not too hot or humid at that time of year (their autumn). For the nearly two weeks we will be there, we will be doing lots of “bonding” activities with the boys and also a few other projects such as painting etc. For the last two days of our stay we will travel to the world-famous Iguassu Falls that are only a short distance away. After two days of traveling, I will arrive home on April 5.

I am becoming more excited about this trip as time passes and the preparations go on. I look forward to sharing some photos and stories about it on my return.

## Hearing Has Consequences

Hearing has consequences. When I truly hear a person and the meanings that are important to him at that moment, hearing not simply his words, but him, and when I let him know that I have heard his own private personal meanings, many things happen.

There is first of all a grateful look. He feels released. He wants to tell me more about his world. He surges forth in a new sense of freedom. He becomes more open to the process of change.

I have often noticed that the more deeply I hear the meanings of the person, the more there is that happens. Almost always, when a person realizes he has been deeply heard, his eyes moisten. I think in some real sense he is weeping for joy. It is as though he were saying, "Thank God, somebody heard me. Someone knows what it's like to be me."

**Carl Rogers, as quoted in *The Pursuit of Happiness*, David Myers (pp. 151-152)**

