



It's time to **talk** about advance care planning

April 16 is Advance Care Planning Day

Start here: bc-cpc.ca/ACPDday

Your health can change in an instant. Talking about what matters most to you when it comes to your wishes for health care is more important now than ever.



See Page 2 to learn more about advance care planning


QUILTS FOR HOSPICE



The compassion and generosity of our community outshines the negativity surrounding the pandemic!

There is an amazing group of ladies in our community that have offered the residents of Hospice and their families a very special gift. They have spent countless hours making quilts to donate. The quilts are valued at over \$700 each, but the loving spirit behind each quilt is invaluable. We are truly moved and humbled by this gesture.

As described by one of the quilt makers, each quilt is approximately 62 x 84" and is 100% cotton, each fittingly adorned with a heart label. The batting is a bamboo/cotton blend with scrim. They have been professionally quilted with the binding hand sewn down. Each quilt is unique, with a variety of designs and colours. Each family will be offered the quilt to send with their loved one, take home as a comfort, or to be thoroughly sterilized and left at Hospice. The quilts are machine washable and may also be put through the dryer.

From all of us, to all of you, our heartfelt appreciation. 

Please see back page for pictures of some of these beautiful creations.



ADVANCE CARE PLANNING

Start the Conversation



1. You're always making plans – for education, retirement or saving for a vacation – and Advance Care Planning is one more important part of life planning. Start talking about what matters most to you about health care; it's a gift you give your future self. It's time to talk about Advance Care Planning
2. In Advance Care Planning, conversations are essential; getting started is what's important. You don't have to cover everything in one conversation. It's time to talk about Advance Care Planning
3. Have you thought about what matters most to you for your future health care? Do your family and close friends know your future health care wishes? It's time to talk about Advance Care Planning
4. Your health can change in an instant. Talking about what matters most to you when it comes to your wishes for health care is more important now than ever. It's time to talk about Advance Care Planning
5. If you were ill or injured and couldn't speak for yourself, who would make decisions on your behalf? Talk to your family and close friends about what matters most to you for your future health care. It's time to talk about Advance Care Planning .

Thank You Care Closet Volunteers!

On behalf of the Penticton & District Hospice Society, I would like to express our sincere appreciation for all the hard work and dedication you have shown to help support us in our vision, which is to continue to provide exceptional and compassionate care to people in our community who are nearing life's end.

The financial support from the Care Closet has helped us to make the residents at Hospice House more comfortable by providing the 'extras' that contribute to a home-like atmosphere that would not otherwise be available. We also provide support for people on the palliative program and their families who wish to remain at home.

We know that the success of the Care Closet is attributable to countless volunteer hours by caring, compassionate members of our community - and we thank you! It is people like you that make our little community such a wonderful place to live.

Ruth Sawyer, Chair
Penticton & District Hospice Society



Care Closet Thrift Store News



The little shop at 574 Main Street continues to exceed expectations during this year of Covid-19. We have fifty Volunteers currently working to sort, clean, price, display and sell items for sale. Sales for 2020, despite a closure from March 19 to June 1 2020, were \$116,700 Funds were forwarded to the Hospice Society twice during the year. The total donated as our share of the profits was \$38,900. Funds were held back in April and July due to concerns that we might need money to maintain the building and staff if there were to be another shutdown.

Donations continue to arrive daily. There is a strong need for good used household items as well as books, CD's, linens and of course men's, women's and children's clothing. Very little of the donated items goes to the landfill! Currently donations are only accepted between 10am and 2:30pm Monday to Saturday.

In lieu of our usual Christmas Luncheon recognizing our volunteers, each person received a gift card to one of our local grocery stores, along with a thank you card, and a small box of chocolates from Accent Chocolates. A new initiative is that every month one long serving volunteer is recognized during her shift with a thank you and a chocolate treat. Her name is displayed in the break area for all volunteers to be able to acknowledge the contribution made. Our longest serving volunteer has worked thirty (yes 30) years! Well done Judy! One of our Management Committee members, Tena Walter-Hughes has made and sold in the store over one thousand masks. An amazing amount of sewing using donated fabrics and if available elastic too.

We are always looking for Volunteers - perhaps there is a place for you to help at the Care Closet. Just drop by and ask to speak with the Manager about Volunteering. Thank you to all who have donated items and to those who shop regularly to help support the work of Hospice here in Penticton.

Jan Higgins
Hospice Representative Care Closet Management Committee



Thank you Penticton Garden Club



Members of the Penticton Garden Club do an amazing job year after year beautifying our back garden at Hospice. Their tireless work makes our outdoor area a serene place for our residents, their families, staff and volunteers to enjoy. Big thanks to members doing spring clean up and planting this season: Marion (president), Karen, Lorraine, Sheila, Marylin, Elizabeth, Ruth, Moira and Diana.



Parking for Hospice House

There are now 2 designated parking spots for visitors to Hospice. They are located on level 1 - just look for the sign.



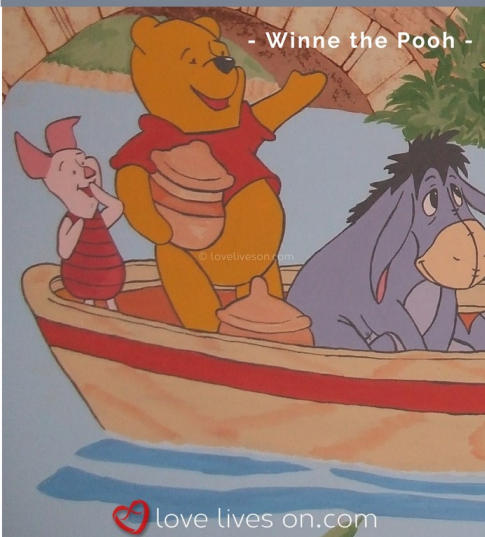
Donate Your Car



Donate a Car Canada accepts vehicle donations for the Penticton & District Hospice Society. Free towing is provided in most areas across Canada, or you can drop off your vehicle to maximize your donation. When you donate your car, truck, RV, boat, or motorcycle to the Penticton & District Hospice Society through Donate A Car Canada, it will either be recycled or sold at auction (depending on age and condition).

See our website for more information: pentictonhospice.com

"If there ever comes a day where we can't be together, keep me in your heart. I'll stay there forever."



In Loving Memory

If you would like to have a page on our website as a tribute to your loved one who was on the palliative program, please email

info@pentictonhospice.com

To see our tribute pages, please go to www.pentictonhospice.com and click on the *In Loving Memory* tab.

There is no charge for this service

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HOSPICE VISITING HOURS UPDATE

Effective April 6th, visiting hours are 10 a.m. - 6 p.m. Number of visitors are no longer restricted to 4 consistent people; additional visitors are now permitted. These rules may change at any time so please call ahead if you are planning a trip from out of town.

Are you on Facebook?

Would you like to help raise funds for the Hospice Society? It's easy! Just click the "fundraisers" tab under the EXPLORE section on the left side of your Facebook page. Search for Penticton and District Hospice Society and submit the amount you would like to raise. Share with your friends and see how many people support your cause. There are no fees and all money is sent directly to the Hospice Society.

HOSPICE ENDOWMENT FUND



The Endowment Fund enables donors to provide financial support for the compassionate care provided by the Hospice Society's volunteers and have confidence that their gift will last forever.

Are you or a loved one considering a legacy gift now or as part of an estate plan? The Society's Endowment Fund may be able to meet your philanthropic goals.



VALUES

The vision and mission of the Penticton & District Hospice Society will be achieved by embracing the following values which guide our work:

- ◇ *Accessibility: continue efforts so that everyone has access to our program.*
- ◇ *Accountability: to patients, families, donors and the community.*
- ◇ *Financial sustainability: solid, transparent stewardship with active donation and fundraising efforts.*
- ◇ *Integrity: highest of ethical standards.*
- ◇ *Care and comfort: to put patients and their family's needs first.*
- ◇ *Volunteer support: to recognize the value of volunteers through continued education, training and support.*



Volunteer Program

It has been a year since volunteers have been able to visit with patients and family at Moog and Friends Hospice. You are greatly missed by staff, residents and families. Your presence is irreplaceable not only for the work you do but the smiles and support you bring to the whole house.

Thank you to Ken who has continued to install memorial plaques for us in the back gardens. Thank you Mary C. for continuing to sew and fix our resident gowns. Thank you to the garden club who maintain and plant our beautiful gardens. Thank you Alexis for making our front entrance look so beautiful through every season with decorations and plants.

We look forward to the day that all of you can return to your positions. It is our hope that we may return in the Fall of 2021. Thank you for always being there, you are thought of often. Stay safe and feel free to reach out to me at anytime for anything.

Linda Brooks

Volunteer Coordinator

Quilts for Hospice (continued from page 1)

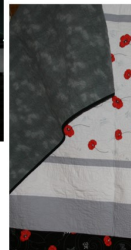
A few pictures of the beautiful quilts....



Quilt 15
2020



Quilt 9
2020



Quilt 11
2020



Different ways YOU can help:

1) Donate: either online at Canadahelps.org or mail a cheque to the Society Office.

Society Office:

502 Ellis St, Penticton, BC, V2A 4N8
250-490-1107

Society Mailing Address:

PO Box 1105, Penticton, BC, V2A 6J9

Moog & Friends Hospice

1701 Government Street, Penticton
250-492-9071

- 2) Donate your car, truck, RV, boat, or motorcycle (it's ok if it doesn't run).
- 3) Legacy Giving.
- 4) Volunteer, shop, or donate new or gently used items to the Care Closet.
- 5) Represent the Society as a volunteer at future events or fundraisers.

Our Mission is to work with all health care professionals, volunteers, families and patients to provide the highest standards of comfort and care so people can live with dignity and die in peace.

