

Heartfelt THANKS TO OUR VOLUNTEERS!



WITH OUT THE HELPING HANDS OF OUR
VOLUNTEERS NONE OF THESE WOULD HAPPEN



HOSPICE GARDENS



CELEBRATE A LIFE



BOARD OF DIRECTORS



MEMORY WALK TO THE MEMORY TREE



HOSPICE HOUSE



CARE CLOSET



A MESSAGE FROM LINDA BROOKS VOLUNTEER COORDINATOR



This is a very meaningful time as we approach National Volunteer Week. We are paying tribute to those individuals who as a group have given us thousands of hours of their time and themselves. I try to catch as many of you as I can when you come into hospice to thank you for being here. I want you to know how important you are and what you mean to our Society and our whole community. Some of you hear it all the time and might be tired of my placating and others who I don't see often never hear it at all. I read a lot about volunteerism as a whole and how communities would fail without that support. A few weeks ago, I read a speech which was based on the poem by Linda Ellis. "The Dash-" This of course led me to read the poem. Based on those readings this is my take on what you mean to us.

Life is short, and we see that especially in our work. Even patients we meet who are in their 80's and 90's often tell us, "How fast the time went"!

Our planet has been here for millions of years – our universe billions. On our headstones will be the etching of when we were born and the date when we died. (For example, 1960 – 2050) It's not those two years mentioned that matter the most. It is the Dash in between. That little Dash-That's our life. That represents the short time we have, to chose our path and perhaps make a difference. Making a difference means so many different things to so many people. For you, our volunteer, what you do during that Dash - is most significant. You can give money for a cause, and it is GREATLY appreciated, but you may earn that dollar back in many different ways. As a volunteer you give time. How can we give back time?

Our experiences bring us to the place in our lives where we realize our most precious resources. Look at the Dash. How many hours are in there? It's not billions. It's not infinite. Money can be printed, spent, lost and found. Money still remains after we are gone. Time is different. Once you give an hour of your time it is gone forever. That hour you just gave volunteering will never be replicated. Your time volunteering must be valued, but we can never put a value on that time. There really isn't any way to match or express the gratitude that I feel when all of you dedicate yourselves to those who are dying and the families beside them on their journey.

How can you value something that is priceless?

As a volunteer you bring much to our organisation. Skills, advice, experience, friendship, vision, leadership, inspiration, caring, touch, smiles and tears. In our crazy "go-go" world of no time.....**YOU** bear the gift of time. **YOU** choose to donate the most precious commodity in the known universe. My job requires that I attempt to count your time in cash value and the thousands of hours you give us. These methods have their reasons in our world today, but volunteering is one of the most selfless acts. I hope you will remember that the giving of your time is simply and utterly **magnificent**.

So today, while you are reading this, please take time out to acknowledge yourselves for the amazing "time" that you give.

Thank you to our:

Board of Directors, Hospice Volunteers, Music Volunteers, Community Volunteers, Gardening Volunteers, Baking and Cooking Volunteers, Quilting Volunteers, Massage Volunteers



PENTICTON & DISTRICT
HOSPICE SOCIETY

VOLUNTEER PROGRAMS ENDOWMENT FUND

*The Fund supports the compassionate care provided by
our volunteers and programs*
Consider a legacy gift to our Endowment Fund

*For more information on the
Penticton & District Hospice Society,
our Volunteer Programs or our Endowment Fund*

Please contact our Treasurer
Robert A. Biagioni, CPA, CA
treasurer@pentictonhospice.com
www.pentictonhospice.com

LONG-TERM VOLUNTEER

As we celebrate Volunteer Week, we certainly appreciate all the people who have given their time to the Care Closet over the last thirty-three years. We currently have just over 40 volunteers.



We have had many long-term volunteers (some over thirty years) but I would like to share the inspiring story of one of our ladies. Norma B, has been working Thursday morning's shifts for twenty-three years. She was brought to us by another volunteer who said, "You should give this a try, we have lots of fun, it's a nice way to meet people and help our community."

This is how many of our ladies have come to us.

The inspiring part? Norma will turn ninety-eight this year! She is still a very valuable part of our team, she is always up for any task! Painting, puzzles, clothing, whatever job we have for her!

She says coming in keeps her going. The truth is she keeps us going, and we are so lucky to have her.

Volunteering is so rewarding, and it keeps one young at heart!

Here's Norma on Thursday the 23rd of March, paintbrush in hand getting ready for Change Over.

Living in colour.

national hospice palliative care week



MAY 7-13 2023 | chpca.ca/week | [#nhpcw](https://twitter.com/nhpcw) [#livingincolor](https://twitter.com/livingincolor)

If not you, who?

Advance Care Planning Day is April 16

Imagine not being able to speak for yourself in a health care emergency.

Who would you choose to speak for you?

Learn more at bc-cpc.ca/acpday2023



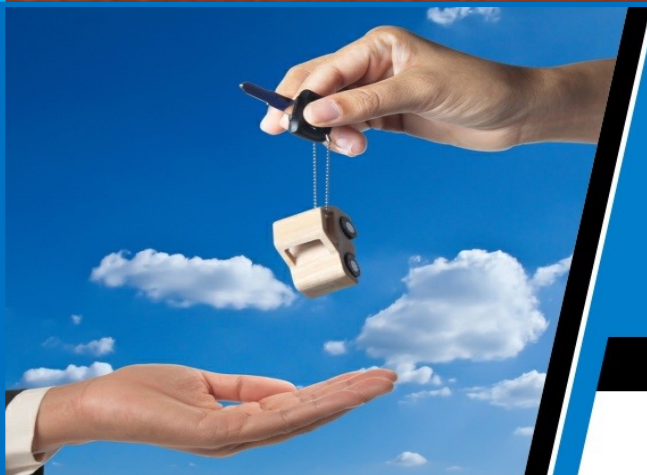
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BC Centre for
Palliative Care



DONATE YOUR CAR TODAY



PENTICTON & DISTRICT
HOSPICE SOCIETY



1-877-250-4904
info@donatecar.ca

**Donate Your Car to
Pentiction & District Hospice Society**

For more information, visit our website at
www.pentictionhospice.com

✓ **FREE TOWING**

✓ **TAX DEDUCTION**

WELCOME NEW BOARD MEMBER



DEREK MCKEEVER



Derek was born and raised in Peterborough, Ontario. He was educated at Lakefield College school and UBC.

He started his career with Procter & Gamble in sales and ended up the Director of Sales for Canada in the pharmaceutical industry. .

Derek lived in Vancouver for 25 years. In 1962 he met his wife Donella, it was a on a blind date and they went skating on Lost Lagoon, and Derek pointed out that back then Lost Lagoon was actually frozen.

In Vancouver Derek married Donella and they had two children a boy and girl. He was elected to the Delta School Board and served for 8 years. He was also on the Delta Fire Board for 4 years and was a Beaver and Cub Scout Leader. Not to mention he became a Master Mason and Gezeh Shriner. Derek definitely likes to keep busy.

Derek was transferred back East to Toronto where he was on the Essa Public Library - Board Chair for 18 years as well as on the Steveston Hospital Board and the Hospital Foundation Board in Alliston for 5 years. He was on the Essa Economic Board for 5 years. Rectors Warden at the St. Andrews Anglican Church for 7 years as well as the Chair of Advisory Board at the church as well. Derek retired in 2009 while he was living in Egbert, Ontario.

Derek's hobbies include photography and reading (Murder Mysteries and History). His favorite place he ever lived was Steveston BC. What he loved about Steveston was the history, the small village on the water, he loved chatting with the local people and watching the fishing boats.

Derek Moved to Penticton December 2021.

Derek's grandfather was the Electrical Superintendent and founder of the Penticton Library Derek is presently serving on the Penticton Library Board, he is a member of the Penticton Shrine Club and Masonic Lodge #147 as well as serving as on the Board of Directors for the Penticton & District Hospice Society. WELCOME DEREK

In Loving Memory

If you would like to have a page on our website in memory of your loved one who was in hospice or on the palliative program, please call 250-490-1107 or email info@pentictonhospice.com

** there is no charge for this service*

WE LOVE OUR



VOLUNTEERS



PARTNERING WELL: PROFILING HOSPICE SOCIETIES IN IH

Palliative Care & End of Life Services
Clinical Practice Bulletin




PRACTICE PEARLS

Early recognition of the value and benefits of hospice services can make a world of difference for individuals and loved ones.



Hospice Societies and Associations are integral members of the *Circle of Care*. You are encouraged to engage in the following ways:

- **Inform** yourself and reach out to your local hospice society.
- **Learn** about the services offered and explore opportunities for collaboration.
- **Display** and share local brochures, posters and other information.
- **Describe** the value of your local hospice and know **how to refer**; seek the permission of the person/family you care for.
- 
- **Support** and promote hospice activities and fundraisers in your local community.

HOSPICE SOCIETIES ACROSS IH

Interior Health is fortunate to have 29 Hospice Society/Association partners across our region with whom to collaborate and support the palliative care needs of individuals, families and communities. Local hospice societies offer volunteer support services, public education and a unique blend of programming based on community needs.

What is Hospice?

Hospice societies are *not* only about 'death and dying'. They offer a philosophy of care that supports individuals and families as they face a life-limiting illness. Hospice care is based on a holistic model that seeks to enhance a person's quality of life and actively support their emotional, physical, mental and spiritual needs and wishes. A person can receive hospice care within their own home or in any care setting.

Why Refer to Your Local Hospice Society?

Trained hospice volunteers can provide a variety of services and support including advance care planning, companionship, caregiver respite, grief and bereavement support and much more.

RESOURCES

[Hospice Societies and Associations within the Interior Health Region](#)



Donate to the Hospice Society online

www.CanadaHelps.org

June 1-30 2023



YOU could help the Hospice Society win \$20, 000 to use towards care and comfort of residents at Moog & Friends Hospice House!

If we were to win \$20,000, the money would go a long way to providing the little extras to our residents.

Everyone on the palliative program wins with your donations.

The Society funds an award winning volunteer program that provides supports such as companionship, help with errands, transportation to medical appointments, massage, music and pet therapy to anyone on the palliative program.

Our Vision is to continue to provide exceptional and compassionate care to people in our community who are nearing life's end

Please donate through Canadahelps.org or go to our website pentictionhospice.com and click on the yellow DONATE button on the right side of the home page which will bring you to CANADAHELPS online donations.





CONTRIBUTE TO THE



PENTICTON & DISTRICT
HOSPICE SOCIETY

BY RETURNING YOUR
EMPTIES TO

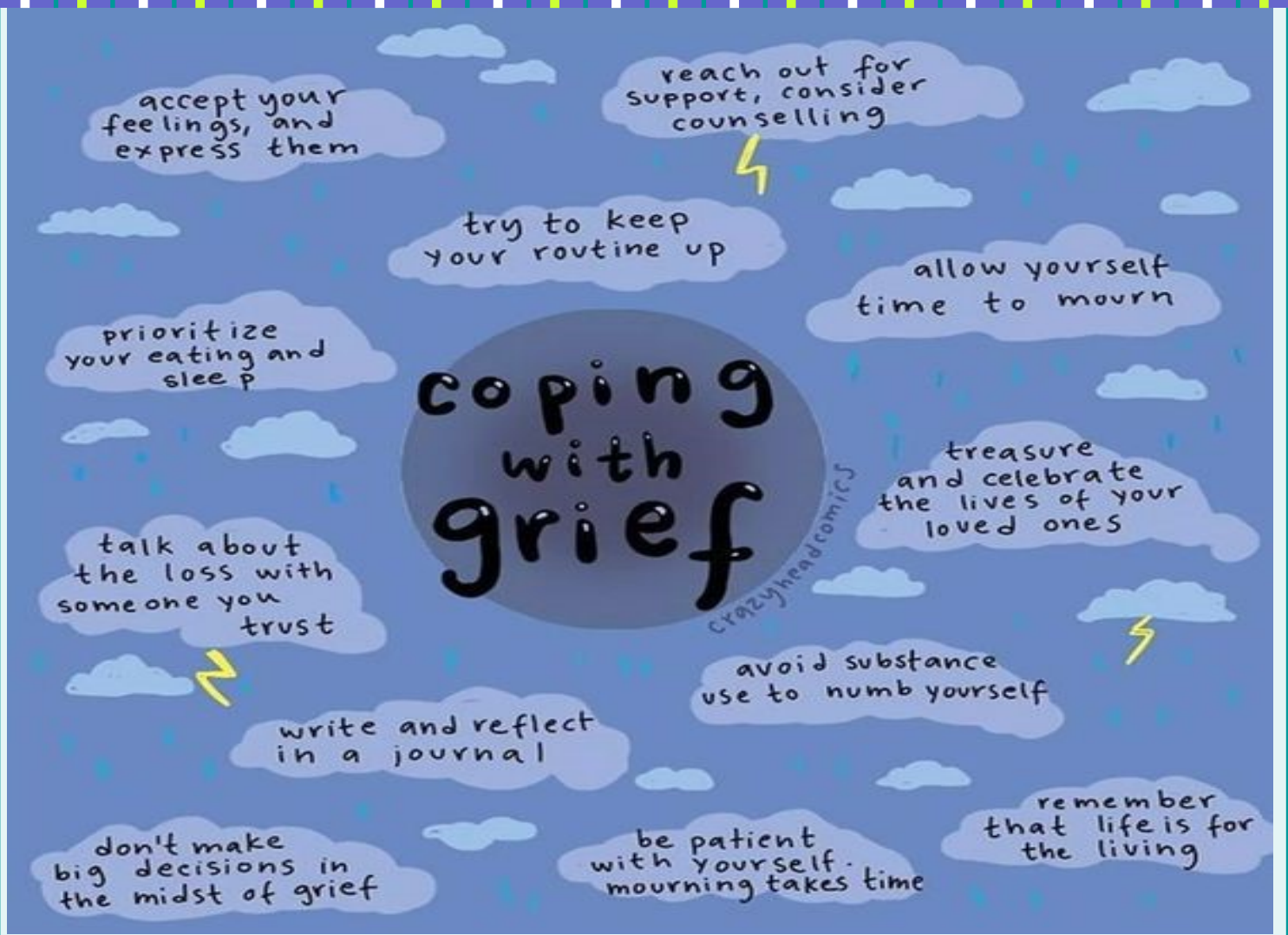


ITS SO EASY.....

1. BRING IN YOUR UNSORTED CONTAINERS IN CLEAR PLASTIC BAGS
 2. AT THE KIOSK (PICTURE ON LEFT) ENTER 250-490-1107
 3. PRINT TAGS (YOU CAN PRINT UP TO 6 TAGS)
 4. STICK ONE TAG PER BAG
- LEAVE YOUR BAGS AT RETURN IT EXPRESS
ALL PROCEEDS GO TOWARDS



PENTICTON & DISTRICT
HOSPICE SOCIETY



THANK YOU FOR YOUR SUPPORT



PENTICTON OCTOBERFEST SOCIETY

OKANAGAN VALLEY MUSIC FESTIVAL SOCIETY

KINSMEN CLUB OF SUMMERLAND



Kin Canada
Kinsmen Club
of Summerland

**IG WEALTH
MANAGEMENT**

IG WEALTH MANAGEMENT

SOUTH OKANAGAN WHISKEY TASTING SOCIETY



FLYING EAGLE DUCT CLEANING-WESTRIDGE BC

SUN OKA SAMS RV CLUB



STRATA K708 LAKEWOOD ESTATES

THE APPLE BIN-OKANAGAN FALLS

BECOME A LIFE MEMBER

For a donation of \$100

you can become a

lifetime member of the Hospice Society.

Make your donation at

www.pentictonhospice.com

*Our vision is to continue to provide
exceptional and compassionate care
to people in our community who are
nearing life's end*



Contact us:

*Penticton & District
Hospice Society*

PO Box 1105, Penticton, BC, V2A 6J9

Phone: 250-490-1107

Email: info@pentictonhospice.com

Visit us on the web at