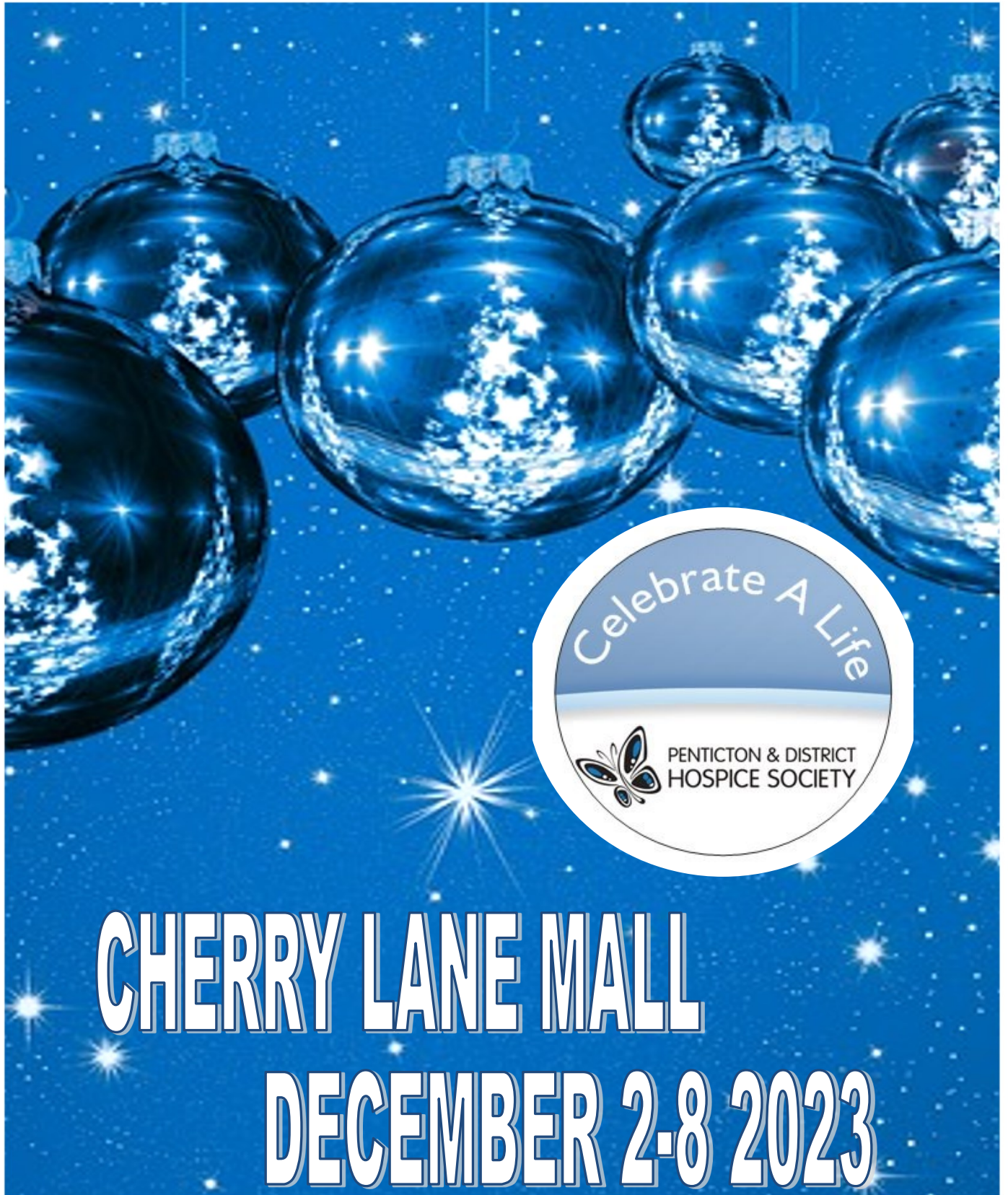




PENTICTON & DISTRICT
HOSPICE SOCIETY

2023 Fall/Winter Newsletter



CHERRY LANE MALL

DECEMBER 2-8 2023



A MESSAGE FROM BOARDCHAIR



RUTH SAWYER

As we approach the end of another year, the Hospice Society Board of Directors and I would like to extend our thanks to the dedicated Doctors, Nurses, Support Staff and Volunteers for their tireless efforts in making Hospice House a place of warmth, compassion and caring.

Special thanks to our Donors. With your support we are able to offer those extra comforts to our residents as they continue their journey. As we move forward to 2024, The Hospice Society will continue to work towards providing support to our many volunteers and the special needs of our Hospice Community.

Warmest Regards
Ruth Sawyer



SEEING IS BELIEVING
BUT SOMETIMES
THE MOST REAL THINGS
IN THE WORLD
ARE THE THINGS
WE CAN'T SEE.

-THE POLAR EXPRESS



VOLUNTEER APPRECIATION



PENTICTON & DISTRICT
HOSPICE SOCIETY



VOLUNTEERS
Always Needed
★ **FOREVER** ★
APPRECIATED



VOLUNTEERING - JANET



Many years ago, I remember my travel agent telling me about her volunteer work in palliative care. This piqued my interest and over the years got filed in the back of my mind. Little did I realize that many of my work and volunteer choices, hobbies, and interests would combine to give me the skills needed for my volunteer position at Hospice House.

For two decades now, I have been practicing spiritually based Healing Touch through the United Church. These offerings are heart-centered and bring compassionate care to all who receive them. I feel this practice has become a core part of who I am and gives me a comfort level and ease with my hospice volunteer role.

Challenges presented during various work situations have given me a strong foundation in resourcefulness and loyalty. One of the most significant being my position as a companion to patients on the burn unit at St. John's Rehabilitation Hospital in Toronto. Also, experiences in long term care facilities and in-home environments have increased my awareness of the importance of treasuring, the memories, as well as actively listening from the heart.

As the coordinator of a library home delivery service of books, I oversaw this senior's program with a degree of independence which enables me to volunteer independently for each shift. However, I am always embraced by the hospice team, and I particularly enjoy supporting the kitchen staff during mealtimes.

The most important aspects of my volunteering at hospice are being an encourager, feeling at ease with many social interactions, growth as an individual (I recently joined the massage team), and being able to walk alongside palliative care patients. I'm sure thankful that I paid attention to this interest stirring within me all those years ago!

AFTERNOON OF MUSIC & CHARITABLE GIVING

Ponderosa Place residents present a cheque for \$3,445 to Bob Biagioni, Treasurer of the Penticton & District Hospice Society, stewards of the Moog & Friends Hospice



Left to right - Raymond Belanger, Ethan Ziegler, Denise McNicholas, Karla Ziegler, Darwin Sveinson, Lewis Norman, Doug Watersell, Deb Belanger, Arnold Loseth and Bob Biagioni)



PENTICTON & DISTRICT
HOSPICE SOCIETY

VOLUNTEER PROGRAMS ENDOWMENT FUND

*The Fund supports the compassionate care provided by
our volunteers and programs*

Consider a legacy gift to our Endowment Fund

*For more information on the
Penticton & District Hospice Society,
our Volunteer Programs or our Endowment Fund*

Please contact our Treasurer
Robert A. Biagioni, CPA, CA
treasurer@pentictonhospice.com
www.pentictonhospice.com

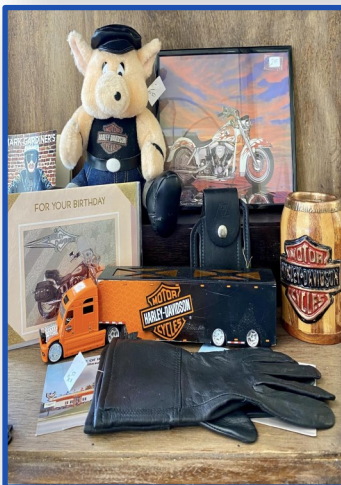
THE CARE CLOSET THRIFT STORE

Looking For That Special Item?

574 MAIN STREET

OPEN: MONDAY-SATURDAY

10AM-3PM



MEMORY WALK TO THE MEMORY TREE



The Memory Walk to the Memory Tree was held September 9th this year. Those who participated wrote their departed loved one's name on a tag and the tag is tied onto a butterfly on a stake, they walked to the Memory Trees where they placed their butterfly in memory of their loved ones.

This year we had a Pet Memory for any pet owners that lost a pet and wanted to pay tribute to them by writing their pet's name on a tag and tie the tag to a butterfly on a stake and walk to the Pet Memory Tree and put the butterfly in the tree. It's a way pet owners can pay tribute to their departed pets.



A MESSAGE FROM VOLUNTEER COORDINATOR LINDA BROOKS



Time is a very precious commodity in our world. We have all the modern conveniences in our homes and at work in hopes of making more time, but still, there are days when it seems like we have less!

Volunteering takes time, energy and, to state the obvious, there is no pay!!

THANKS, doesn't ever seem like enough for our volunteers who take time from their busy lives to help. We at Moog and Friends and The Penticton and District Hospice Society profoundly appreciate all of you and are so grateful for your presence and time! You are gravely important to what we do. The dedication and generosity you bring to our world is humbling and to our residents and their families this means more than you know.

Your kindness is seemingly endless, and you are special in all that you do. Giving of your time and your full presence is a gift like no other.

Please know that you are appreciated everyday.

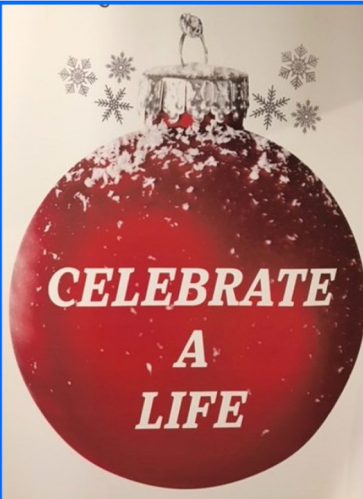
"Alone we can do
so little; together
we can do so
much."

Helen Keller





CELEBRATE A LIFE



Since its inception in 1995, our annual **CELEBRATE A LIFE** event has provided a way for people who have lost family members and friends to honor them by having a light turn from red to white on one of our three trees. Remembrance cards are filled out with the names of loved ones and hung in memory beside the changed white light. This year we are adding a fourth tree, our Pet Memory Tree. The Penticton & District Hospice Society recognizes that pets are considered family members as well. Come down to Cherry Lane Mall , December 2nd-8th 2023 and **CELEBRATE A LIFE**

MYTHS ABOUT PALLIATIVE AND HOSPICE CARE

Palliative care

Specialized medical care for people living with a serious illness.

MYTH

When I begin palliative care, I can no longer receive treatment for my disease.

I can no longer see my primary doctor when I start palliative care.

FACT

Palliative care can be provided along with curative treatment.

Palliative care teams work with primary doctors.

Hospice care

Focuses on the care, comfort, and quality of life of a person with a serious illness who is approaching the end of life.

MYTH

In hospice care, I can't receive any treatments.

Hospice care is only provided in a hospital or hospice facility.

FACT

People may receive medications to help manage symptoms but not treatments to help cure their illness.

It can be provided at home, in a hospital or nursing home, or in a separate hospice center.

SOURCE:

<https://www.nia.nih.gov/sites/default/files/2023-04/end-of-life-myths-nia.pdf>



AGM



ANNUAL GENERAL MEETING

THURSDAY, NOVEMBER 30, 2023

@5:30pm

PENTICTON GOLF & COUNTRY CLUB

THE WESTSIDE ROOM



EVERYONE WELCOME!

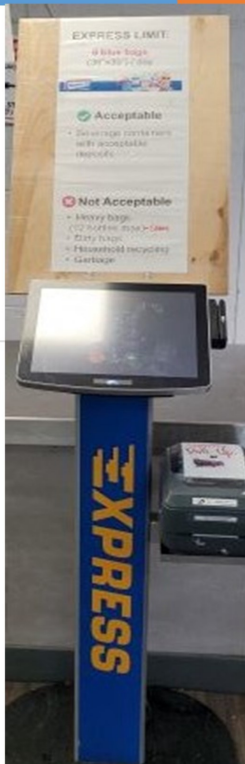


CONTRIBUTE TO THE



PENTICTON & DISTRICT
HOSPICE SOCIETY

BY RETURNING YOUR
EMPTIES TO



ITS SO EASY.....

1. BRING IN YOUR UNSORTED CONTAINERS IN CLEAR PLASTIC BAGS
2. AT THE KIOSK (PICTURE ON LEFT) ENTER 250-490-1107
3. PRINT TAGS (YOU CAN PRINT UP TO 6 TAGS)
4. STICK ONE TAG PER BAG

LEAVE YOUR BAGS AT RETURN IT EXPRESS

ALL PROCEEDS GO TOWARDS



PENTICTON & DISTRICT
HOSPICE SOCIETY

THANK YOU FOR YOUR SUPPORT

Regency
Southwood
RETIREMENT RESORT



Westland Insurance



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ESTATE WINERY

SUNOKA SAMS RV CLUB



QUIK-THERM INSULATION SYSTEMS INC.



PENTICTON & DISTRICT
HOSPICE SOCIETY

1-877-250-4904

info@donatecar.ca

Donate Your Car to Penticton & District Hospice Society

For more information, visit our website at www.pentictonhospice.com

1. Tell us your vehicle info

2. We pick up your car

3. You get a tax receipt

✓ FREE TOWING

✓ TAX DEDUCTION

BECOME A LIFE MEMBER

For a donation of \$100
you can become a lifetime member
of the Hospice Society.

Make your donation at
www.pentictonhospice.com

Or call 250-490-1107

*Our vision is to continue
to provide exceptional
and compassionate care
to people in our commu-
nity who are nearing
life's end*

Contact us:

*Penticton & District
Hospice Society*

PO Box 1105, Penticton, BC, V2A
6J9

Phone: 250-490-1107

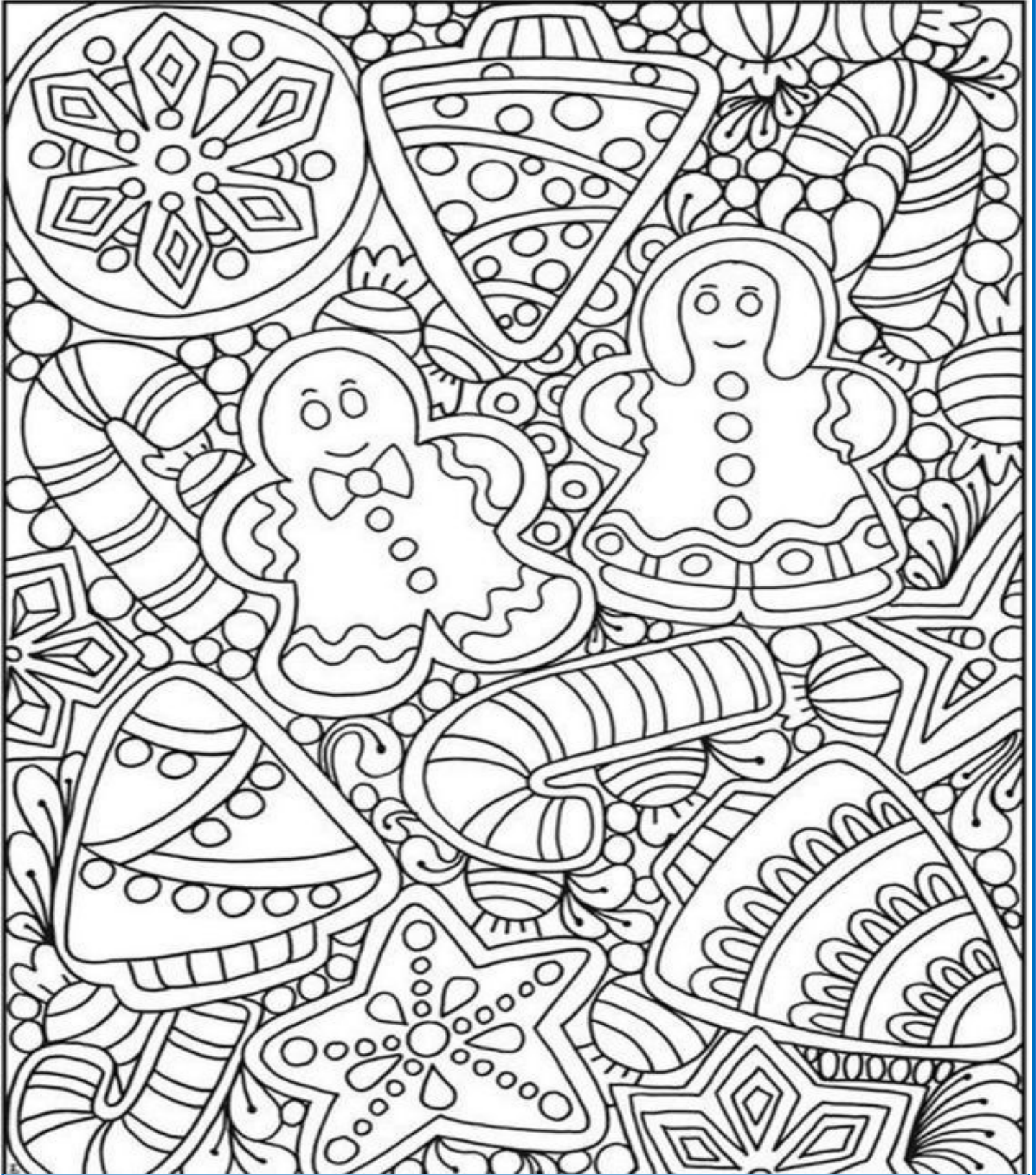
Email: info@pentictonhospice.com

Visit us on the web at

www.pentictonhospice.com



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