



### Ruth Sawyer



I wish to express my sincere gratitude for Ruth's leadership for the past 4 years as Board Chair and 29 years as a volunteer supporting end of life care. While she was still working full time she was approached by a friend, saying that she would make a very good volunteer at the hospital. A "very strict" nurse trained her on the care of those on the 3rd floor of the hospital. Upon the grand opening of Moog and Friends Hospice House on May 19th 1998 Ruth transitioned as a volunteer to the House.

Over the years she has been involved in many improvements both big and small, with the one of her most memorable being the addition of a Family Kitchen, with the support of the Sovereign Order of St. John and smallest being the planting of Daffodils in the Hospice Gardens this spring.

As a volunteer and Board Chair she always had time to listen to others. She showed me her a talent of bringing people together to resolve differences with grace and understanding for both sides.

As a new board member I would listen in awe to the wisdom and examples of true stewardship of Hospice and understood early that all that mattered was serving the needs of those in Hospice to enhance the quality of care for now and the years ahead.

Thank you Ruth for your wisdom and gentle support as you continue on as a board member and volunteer with Hospice.

Gratefully yours, Lisa Schulze Board Chair, Penticton & District Hospice Society





### APRIL 2, 2024 NATIONAL CAREGIVER DAY RECOGNIZING CARING CANADIANS

I see your Beauty. I see how much you give to others, without any thought of recognition or reward. I see the way you change lives, just by being you.

CAnna Taylor www.anna-taylor.co.u



# A MESSAGE FROM VOLUNTEER C

National Volunteer week is fast approaching. It is April 14-21 this year, and the theme, "Every Moment Matters," brings focus to the importance of every volunteer and their contributions. There are many functions happening around Penticton to appreciate all volunteers from all organizations. Our community wouldn't be what it is without all these wonderful people who give of themselves. So many of our Hospice volunteers also volunteer elsewhere. This is our opportunity to express our gratitude and appreciation for each one of these amazing people and what they bring to our Hospice House and our community. The wellbeing of our society is based on our volunteers. From our board members to our garden helpers, the sharing of your time, skills, empathy and compassion, is vital to our success. Thank you from the bottom of our hearts for all you do.

# POR lifting OUR COMMUNITIES

Providing good used items at reasonable prices Care Closet Thrift Store thrives in Penticton. Twice a year the whole store is put on sale. Before closing for two days to restock, the community gets great bargains in books, household items, jewelry, collectibles and clothing.

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This is all in preparation for "**Changeover**" signifying the change from Winter to Summer and vice versa. By 4pm on Thursday, the store itself is empty. Professional cleaners come in and clean the store overnight. Bright and early Friday morning, staff and volunteers start to fill the store with donations that have been saved for the past five months.

Items donated and deemed to be suitable for "changeover" are put in boxes and carefully stored away in the "back room" cupboards and shelves. Clothing for the upcoming season is priced, tagged, and hung in sections awaiting the next season. Shoes are put in large bins to be paired and priced on the day of re-stocking. Books are placed in the Book Room by genre. Puzzles and games are included in this stock. Jewelry is carefully displayed to show to best advantage.

Special interest items, such as Canuck Memorabilia are saved until there are enough to make a display. The same applies to all holiday items:- Christmas being the largest amount of stock, along with Valentines, Easter, Elvis, July 1st. Peach Festival gear!

Usually the front windows are "dressed for Changeover" with interesting vintage items and art pieces on one side, and a child friendly display on the other windows. The care and imagination that goes into the display is amazing.

The windows attract a large audience over the weekend before the store re-opens at 10am on a Monday morning. Some years the line up to get in at opening time, is down the block to White Ave. The store does have a limit on the number of permitted in at any one time. Promptly at 10am a bell is rung and in the shoppers surge.

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There are some fifty volunteers manning shifts of three hours. Opening day sees the biggest total sales of the year. Profits are shared by the three partners;- **The Hospital Auxiliary, South Okanagan Medical Foundation, and Penticton & District Hospice Society**. The support of this kind is greatly appreciated and provides Patient Comfort. Whether you are a "Thrifter" or just a "Browser" you can usually find an item you "just have to have"!

Drop in any day between 10 am and 3pm. Find us on Facebook for the latest interesting items for sale



Advance Care Planning Day | April 16 | #ifnotyouwho

## If not you, who?

Advance at advancecareplanning.ca/acpday

### Hospice Care Vs Palliative Care

### What's the difference?



Aims to provide comfort from pain symptoms that may or may not involve the goal of curing the care recipient.

Palliative care

# FACT

The fears associated with death are "being a burden to family and friends," "pain" and "lack of control." Addressing the whole range of physical and psychological needs of the patient and his or her family in an interdisciplinary way is what makes hospice care so special.

Source: www.nhpco.org



REMEMBER YOUR DEPARTED LOVED ONES BY WRITING THEIR NAMES ON A TAG HANG THE TAG ON A BUTTERFLY AND TAKE THE BUTTERFLY FOR A MEMORY WALK TO THE MEMORY TREE LOCATION DOWNTOWN COMMUNITY MARKET, MAIN STREET/WESTMINSTER IN FRONT OF HSBC Pay tribute to your departed pets as well at the PET MEMORY TREE



Donate to the Hospice Society online in the month of June at www.CanadaHelps.org June 1-30 2024



YOU could help the Hospice Society win \$20, 000 to use towards care and comfort of residents at Moog & Friends Hospice House!

If we were to win \$20,000, the money would go a long way to providing the little extras to our residents.

Everyone on the palliative program wins with your donations.

The Society funds an award winning volunteer program that provides supports such as companionship, help with errands, transportation to medical appointments, massage, music and peace of mind to anyone on the palliative program.

Our Vision is to continue to provide exceptional and compassionate care to people in our community who are nearing life's end

Please donate through Canadahelps.org or go to our website pentictonhospice.com and click on the yellow DONATE button on the right side of the home page which will bring you to CANADAHELPS online donations.









The Penticton & District Hospice Society grateful for the donation of \$10,000+ from the Penticton Kinsmen Disability Resource Centre Society.

The **Penticton Kinsmen Disability Resource Centre Society** (PKDRCS) was formed by the Penticton Kinsmen Club to manage the CPR Station.

The 'Penticton Kinsmen Disability Resource Centre Society' has worked hard over the almost 37 years to ensure that the 82-year-old CPR Station on Hastings Avenue remained a vital part of the city for many years to come.

Due to declining membership and the advancing ages of the PKDRCS members, in 2023 OneSky Community Resources was gifted the 'Station' with an assessed value of approximately \$1.8 million.

2023 will see the dissolution of the Society and complete disbursement of all funds. Keeping with the Kinsmen motto "To serve the communities greatest Needs" they have approved and will distribute its remaining funds.

The Penticton & District Hospice Society have used their share of the donated funds to purchase 12 Hideabeds for family to stay in the same room with their loved ones at Moog & Friends Hospice House in Penticton.

The Penticton & District Hospice Society would like to acknowledge the dedication and service these members contributed to the community for the past 37 years. Thank you, President Earl Lawrence, Treasurer Dirk Ordze, Hall Manager Greg Flook, Director Greg Mealing, Director Jim Burnett and Director Norm Dishkin.

> @ 1-877-250-4904 ➡ info@donatecar.ca

#### Donate Your Car to Penticton & District Hospice Society

1. Tell us your vehicle info 2. We pick up your car

PENTICTON & DISTRICT HOSPICE SOCIETY

3. You get a tax receipt

For more information, visit our website at www.pentictonhospice.com



The Penticton Fraternal Order of Eagles "Silver Eagle Riders" have been busy spreading cheer and charity.

In December every year, the group determines how to disburse their Christmas donations to local charities.

This year, they picked two worthy groups, presenting a \$500 cheque to each one.

The **Penticton and District Hospice Society** is the first, an organization which connects local families to palliative care and bereavement services, running the Moog and Friends Hospice House.

The second is the Penticton Breakfast Club, run by the Feedway Foundation, which serves up to 1,000 free breakfasts a week to students at local elementary schools.

## **2024 PENTICTON ELVIS FESTIVAL CHARITY PENTICTON & DISTRICT HOSPICE SOCIETY**



### BEAVER VISITING THE HOSPICE **HOUSE MEMORIAL GARDENS**



In Loving Memory

If you would like to have a page on our website in memory of your loved one who was in hospice or on the palliative program, please call 250 - 490 - 1107 or email info@pentictonhospice.com

#### The Penticton Elvis Festival's 2024 charity is THE PENTICTON & DISTRICT HOSPICE SOCIETY

\* there is no c

Moog & Friends Hospice House opened in June 1998. It was agreed that the Penticton & District Hospice Society would be responsible for fundraising to support ongoing Hospice House needs. Moog & Friends Hospice House is situated amidst tranquil gardens close to Penticton Regional Hospital. Private accommodation is available for 12 residents in a comfortable home-like setting.

Be sure to join us on Sunday, June 30 (9am) at Okanagan Lake Park for the Gospel Showcase and to support this wonderful charity.

Gospel Show Admission: \$5 per person \$3.00 from every admission will go the **Penticton** & District Hospice Society.



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you can become a lifetime member of the Hospice Society.

Make your donation at

www.pentictonhospice.com

Or call 250-490-1107

Contact us: Penticton & District Hospice Society PO Box 1105, Penticton, BC, V2A 6J9 Phone: 250-490-1107 Email: info@pentictonhospice.com Visit us on the web at www.pentictonhospice.com Our vision is to continue to provide exceptional and compassionate care to people in our community who are nearing life's end

# THE PENTICTON & DISTRICT HOSPICE SOCIETY

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